



Autumn Menu



Week	Monday	Tuesday	Wednesday	Thursday	Friday
One	Spaghetti Bolognese with Garlic Bread Roasted Winter Veg Apple Rice Pudding	Turkey Stir Fry with Noodles Veg Stir Fry Sweetcorn Green Beans Chocolate & Beetroot Brownie	Roast Chicken, Skin on Roast Potatoes & Gravy Cheese & Potato Whirl Carrots Broccoli Apple, Cheese and Crackers	Lasagna and Garlic Bread Jallot Rice & Quorn Cauliflower Peppers Peach Crumble & Custard	Battered Fish & Chips Bean Burger & Chips Peas Baked Beans Yoghurt & Fresh Fruit
Two	Cheese & Tomato Pizza Pepper & Bean Frittata Sweetcorn Broccoli Bananas & Chocolate Sauce	Chicken Curry & Rice Roasted Courgettes Peppers Blackberry & Apple Crumble with Custard	Roast Chicken, Skin on Roast Potatoes & Gravy Swede Peas Grapes, Cream Cheese & Oaty Biscuit	Chicken Paella Cauliflower Carrots Carrot Cake	Cod & Salmon Fish Cake and Chips Vegetable Wellington Peas Baked Beans Yoghurt & Fresh Fruit
Three	Meatballs with Couscous Carrots Green Beans Sticky Toffee Crumble & Custard	Cottage Pie Green Beans Sweetcorn Pear & Chocolate Upside Down Cake with Chocolate Sauce	Roast Turkey, Roast Potatoes & Gravy Lentil and Chickpea Loaf Red Cabbage Carrots Melon, Breadsticks & Cheese	Jerk Chicken & Rice Lentil & Sweet Potato Curry Broccoli Cauliflower Sultana Flapjack	Breaded Fish with chips Mixed Pepper Quiche Peas Baked Bens Yoghurt & Fresh Fruit

Available daily:

- Jacket potato bar with the following options: cheese, baked beans and tuna
- Bread freshly baked on site
- Salad bar
- Yoghurt and fresh fruit

